

METRO EMPLOYEE HEALTHCARE INCENTIVE PROGRAM

NO NEED TO CHANGE PHYSICIANS...

We understand your relationship with your physician is personal.

Nashville General Hospital at Meharry offers a wide range of ancillary services to compliment the care you receive from your physician or primary care provider.*

These services include:

☞ **Radiology**
Bone Density
CT
X-ray
Mammograms
MRI
Nuclear
Medicine

☞ **Laboratory**
Blood work
Pathology

☞ **Nutritional
Counseling**

☞ **Occupational Therapy**

☞ **Physical Therapy**

☞ **Respiratory Therapy**

The Metro Employee Healthcare Incentive Program at Nashville General Hospital (NGH) and Meharry Medical Group (MMG) allows Metro employees, pensioners, and dependents, access to high quality healthcare without incurring out-of-pocket expenses— as described on the chart on the next page.

Each person must be a qualified participant in **Metro's** medical benefit plan with either BlueCross BlueShield or Cigna. If Medicare is

***Medical care may require orders from your primary care physician as well as preauthorization from your insurance company. All ancillary services must be performed at NGH to qualify for the incentive program— even if seen at one of the Meharry Medical Group clinics. Non-routine blood work may also result in copays from third-party vendors such as MDL and LabCorp.**

the pensioner, employee, or dependents' primary insurance, Federal law prohibits the utilization of the Metro Healthcare Incentive Program. Also, dental benefits, as administered through BlueCross

BlueShield's DentalBlue are not included as part of this program. Nashville General Hospital is proud to provide Metro employees and their family members with a highly trained medical staff. Joint Commission accredited, Nashville General Hospital has a talented healthcare team who have trained at some of the top academic healthcare institutions in the country.

Our physicians are Board Certified or Board Eligible in their specialty and have extensive clinical expertise. New for this year, we have opened the Nashville Healthcare Center (NHC). Utilizing Family Practice and Internal Medicine providers along with care coordinators, NHC is dedicated to making you healthier. Conveniently located on the first floor— the NHC is steps away from courtesy valet parking, ancillary services, and the new Community Pharmacy at NGH.

The physicians and staff of Nashville General Hospital and Meharry Medical Group look forward to being your healthcare partners of choice.

Please contact Jana Rogers at 615-341-4426, 615-927-2607, or jana.rogers@nashvilleha.org to learn more.

2017 Medical Plan Options



CIGNA Choice Fund Plan Design	CIGNA Plan (In-Network)	Nashville General Hospital (NGH)/ Meharry Medical Group (MMG)
Stage 1 (HRA Fund) First \$1,100 (single) \$2,200 (family) of medical expenses and pharmacy expenses	Covered entirely by HRA fund. You pay \$0.	Same as In-Network.— NO INCENTIVE* Covered entirely by HRA fund. You pay \$0. *Incentive program does not start with Cigna until STAGE 2 (Out-of-Pocket Deductible)
Stage 2 (Out-of-Pocket Deductible) Next \$450 (single) \$900 (family) of medical and pharmacy expenses	You pay all.	No out-of-pocket deductible for medical expenses incurred at Nashville General or Meharry Medical Group. All ancillary services must take place at NGH even if seen at an MMG clinic location. You pay 100% of pharmacy expenses.
Stage 3 (Coinsurance) Medical and pharmacy expenses after Stage 2	You pay 10% for medical expenses and generic drugs; 30% for brand drugs.	No co-insurance for medical expenses incurred at Nashville General or Meharry Medical Group. All ancillary services must take place at NGH even if seen at an MMG clinic location. You pay 10% for generic drugs and 30% for brand drugs.
Stage 4 (Plan pays 100%) Medical and pharmacy expenses after the maximum out-of-pocket of \$1,150 (single) \$2,300 (family) have been met.	You pay \$0.	You pay \$0.
What is the maximum your family could pay out-of-pocket in a calendar year?	\$1,150 (single) \$2,300 (family)	Medical expenses—excluding the HRA funded entirely by Metro*: \$0 Deductible \$0 Co-insurance *If you choose to use another provider or facility other than NGH or MMG, you will be required to meet deductible. Additionally, all ancillary services must be performed at NGH, even if seen at an MMG clinic location.
BC/BS PPO	BC/BS Plan (In-Network)	Nashville General Hospital (NGH)/ Meharry Medical Group (MMG)
80/20 Coinsurance Plan with Copays Medical and pharmacy expenses after the maximum out-of-pocket of \$1,000 (single) \$2,000(family) have been met.	You pay 20% of medical expenses, plus copays (PCP \$20/ Specialty MD \$30/ Emergency Room \$100). You pay pharmacy copays- \$10 generic, \$30 brand. You continue to pay copays for medical expenses but you no longer pay the 20%. You continue to pay pharmacy copays: \$10 generic, \$30 brand.	No copays and no deductibles for medical expenses incurred at Nashville General Hospital or Meharry Medical group. All ancillary services must take place at NGH even if seen at an MMG clinic location. You pay pharmacy copays: \$10 generic, \$30 brand.
What is the maximum your family could pay out-of-pocket in a calendar year?	\$1,000 (single) \$2,000 (family) plus copays.	\$0* plus pharmacy co-pays *All ancillary services must be performed at NGH, even if seen at an MMG clinic location.

NOW OPEN: NASHVILLE HEALTHCARE CENTER 615-341-4488

Finding care when you or one of your family members is sick can be challenging. Nashville Healthcare Center is your answer. With primary and specialty care under the same roof, Nashville Healthcare Center provides exceptional patient-centered care, handling most any of your healthcare needs. Our board-certified Family Medicine and Internal Medicine providers and care team will work with you to address any health needs and get you on a path to optimum health and wellness. ***With just one phone call, you can access the Nashville Healthcare Center to get more information and schedule appointments: Call 615.341.4488.*** Courtesy valet parking is available at the front entrance to the Nashville Healthcare Center. Conveniently located on the first floor of the round building, we are a short walk from the front entrance.

NASHVILLE GENERAL HOSPITAL SERVICES OFFERED:

Inpatient Services: The state-of-the-art facilities and technology at Nashville General Hospital are simply outstanding. Joint Commissioned accredited and equipped with 122-staffed beds, NGH readily accommodates a wide range of acute care needs. We offer a post-op surgical floor, medical floor, adult intensive care unit, and full OB/Gyn services on our Women's Health Maternal/Child floor. Women's Health– Maternal/Child offers complete maternity services, spacious birthing suites and 24 hour anesthesia service for pain management and labor epidurals. Tours and free childbirth classes are available by calling 615-341-4410.

Emergency Department : Newly renovated, the Emergency Department is open 7 days a week, 24 hours a day and provides immediate treatment and stabilization of all types of medical, surgical, obstetrical and pediatric emergencies. Metro employees presenting to the ED will identified as participating in the initiative.

The Breast Health Center offers both preventative care and treatment in the same inviting, comfortable setting. Patients receive a comprehensive approach to diagnosing and treating breast disease at one convenient location, decreasing traditional appointment delays. The BHC's wide range of clinical expertise includes a radiology department, fully accredited by the American College of Radiology and Mammography Quality Standards Act (MSQA). Services include diagnostic and screening mammography, ultrasound and stereotactic breast biopsy, bone densitometry, plastic surgery and medical oncology. Our annual Mammograms in May event highlights the important role of breast health and education in diagnostic evaluations and in the treatment of breast cancer.

Heart & Vascular Center offers a comprehensive, multidisciplinary program for the prevention, diagnosis, and treatment of cardiovascular and peripheral vascular diseases. Our staff includes community-based, board-certified or board-eligible cardiologists, vascular surgeons and specially nurses, nurse practitioners, and other support staff. We offer patients the ability to be seen in a clinic setting and have diagnostic cardiology and peripheral screening and testing performed in one location with the same physician and staff.

–Cardiac service line includes: ECG's, Holter monitors, event recorders, stress testing, echocardiograms and diagnostic catheterizations are available.

–Peripheral Vascular service line includes: Venous occlusions, peripheral artery occlusions, dialysis fistula blockages, and carotid/ cerebral vascular diagnostic testing.

The Digestive Health Center offers patients the convenience of being seen in a clinical setting and having diagnostic testing performed in one location. Our clinical experts include board certified gastroenterologists, board certified surgeons, physician assistants and nurse practitioners, who come together to provide treatment of digestive diseases, diagnostic endoscopy (colonoscopy, EGD, and ERCP diseases. The Endoscopy Lab, located within Same Day Surgery, consists of two procedure areas, an eight bed recovery unit and is staffed by a dedicated critical care nursing team.

Dr. Robert E. Hardy Cancer Center, provides quality care for patients with cancer/hematologic disorders, sickle cell disease, neurologic disorders or renal failure. In 2016, NGH celebrated 75 years of accreditation by the Commission on Cancer of the American College of Surgeons. The cancer center serves patients 18 and older by providing chemotherapy, blood and blood product transfusion, monoclonal antibody treatment, erthropoietin injections, pamidronate infusion, therapeutic phlebotomy, clinic consultation and routine follow-up. Supervised by a Master Level Clinical Specialist with Advanced Oncology Certification and experienced nurses certified in cancer chemotherapy, the center honors its namesake, whose commitment to quality of life for his patients was paramount. Since 2008, NGH hosts an annual Dr. Robert E. Hardy Cancer Center Survivorship Celebration the first Sunday in June.

Women's Health: Maternal/Child With a newly renovated labor and delivery floor, our experienced staff will empower you to make decisions about your care during this memorable time in your life. We offer complete maternity services, spacious birthing suites, state-of-the-art surgical rooms for c-section or gynecological surgeries; including 24 hour anesthesia service for pain management and labor epidurals, Level IIB NICU, and OB and Pediatric specialists on-site 24 hours a day. Breast feeding is healthiest and safest way to feed your baby and we provide a lactation support nurse and staff to assist our new mothers. Tours and FREE childbirth classes are available by calling 341-4410.

The Clinics at Nashville General: The Clinics at Nashville General are committed to medical education; therefore you may have a Meharry or Vanderbilt resident working alongside your physician in administering care in the following service areas:

- Medical Specialties: Cardiology, Dermatology, Endocrinology, Gastroenterology
- Internal Medicine: Hematology, Neurology, Oncology, Physical Medicine and Rehabilitation, Pulmonology, Rheumatology, Sickle Cell
- Surgical Specialties: Breast Health, Ear, Nose, Throat (ENT), General Surgery, Ophthalmology, Orthopedics, Plastic Surgery, Thoracic Surgery, Urology, Vascular Surgery
- Outpatient: Infusion Center – comprehensive line of therapies ranging from cancer chemotherapy to blood transfusions and various infusion therapies.

Ancillary Services: Nashville General offers a wide range of ancillary services to compliment the care you receive from your physician's office.*

These services include:

Laboratory – Blood work, Pathology

Physical Therapy

Radiology – Mammograms, X- rays, MRI's, CAT scans

Occupational Therapy

*Please note that the above services may require orders from your primary care physician as well as preauthorization from your insurance company. **All ancillary services must be performed at NGH even if you are seeing physicians at one of the Meharry clinics. Non-routine blood work may result in copays from third-party vendors such as MDL and LabCorp.**

MEHARRY MEDICAL GROUP

Meharry Medical Group is a physician practice of specialists, sub-specialists, and primary care physicians who care for patients in the Metropolitan Nashville Community. The faculty-practice plan serves the medical faculty who serve under the auspices of the Meharry Medical College, whose mission includes education, research, patient care, and community service.

The Center for Women's Healthcare at Meharry Medical College (2 locations)

1005 Dr. D.B. Todd Jr., Blvd.

615- 327-6348

1919 Charlotte Avenue

615-340-1388

The Center for Women's Healthcare strives to bring cutting-edge care, research and technology to our patients. Our board-certified physicians provide services that include:

- General Obstetrics & Gynecology
- Maternal Fetal Medicine
- Urogynecology
- Assisted Reproduction
- Gyn Oncology

Family & Community Medicine (2 locations)

1005 Dr. D.B. Todd Jr., Blvd.

615-327-6348

3443 Dickerson Pike, Ste. 530

615-860-7511

The Department of Family and Community Medicine offers full primary care services Patient care services for all ages, including:

- Primary Care
- Occupational Medicine
- Sports Medicine
- Sleep Medicine

***Medical care may require orders from your primary care physician as well as preauthorization from your insurance company. All ancillary services must be performed at NGH to qualify for the incentive program— even if seen at one of the Meharry Medical Group clinics. Non-routine blood work may also result in copays from third-party vendors such as MDL and LabCorp.**

Total Health Medical and Dental (Primary Care& Dental Care*)

5352 Hickory Hollow Pkwy.

615- 963-2300

**Dental care is not covered by Metro Incentive Program*

Pediatric Medicine

1005 Dr. D.B. Todd Jr., Blvd.

615-327-6348

Our goal is to further the mission of Meharry by providing quality, state-of-the art, medical care—wellness and sick—to children and young adults in the Nashville area, regardless of the family income.

The Pediatric Clinic serves children and youth from birth to 22 years of age and offers the following services:

- School/Sports Physicals & Immunizations
- Ear, Nose, & Throat Specialist
- Child Psychiatry
- Children's Healthy Lifestyle Center
- Infectious Disease Program
- Audiology
- Teen Clinic
- Pediatric Dentistry

Our on-staff doctors and our doctors-in-training will always greet you with a warm smile; their compassion and empathy in regards to your individual situation ensures courteous treatment in a professional manner.

Appointments are preferred, but we will also accommodate walk-in appointments.

Elam Mental Health Center (Psychiatry & Behavioral Health):

1005 Dr. D. B. Todd Jr., Blvd.

615-327-6495

The Elam Center at Meharry Medical College has full-time board certified psychiatrists available to meet your needs. Our team includes board certified psychiatrists, resident physicians, registered nurses, licensed professional counselors, licensed alcohol and drug addiction counselors, licensed master social workers, and other professional staff who understand and respect the need for privacy and confidentiality.

Elam Mental Health Clinic Services Include:

- Initial Evaluation and follow up treatments for Depression, Bipolar Disorders, and other mood disorders;
- Treatment for schizophrenia and other psychotic disorders;
- Treatment of anxiety disorders;
- Addiction Treatment
- Treatment of Child and Adolescent Psychiatric Disorders
- Depression/Anxiety Outpatient Group Sessions (Mondays)
- Individual therapy
- Family therapy
- Group therapy
- Medication management
- Aftercare and appropriate community referrals

PLEASE NOTE: BlueCross/BlueShield and Cigna will continue to send members Explanation of Benefits (EOB's). The EOB's will state "amount owed provider" - **this is not a bill**. This is the amount we do not collect unless it is referencing a third-party vendor as previously noted. If you mistakenly receive a bill from either Nashville General Hospital or Meharry Medical Group, please leave a message at 615-341-4200 or email: BillingQuestions@nashvilleha.org. You will hear from a member of our team within 24 hours.

METRO HEALTHCARE INCENTIVE

PROGRAM 2017

Nashville General Hospital
at Meharry

1818 Albion Street | Nashville, Tennessee 37208

Presorted STD
US Postage
PAID
Nashville TN
Permit 1

You should be at the center
of your own healthcare.



And we are here to help.
Call 615.341.4488 to make your appointment.
Urgent and same-day visits available.

Nashville Healthcare Center
NOW OPEN.

Nashville Healthcare Center has an entire team of physicians and care coordinators dedicated to making you healthier and connecting you with the resources to do it.

Your Care Team huddles before each appointment to prepare and is waiting when you arrive. And with virtually every service and specialty under one roof—from pharmacy to radiology to wellness and education services—Nashville Healthcare Center can be your healthcare home.

MEET THE TEAM

HUNTER DAVIS, M.D.
Family Medicine



SIMON M. SPLIKIN, M.D.
Family Medicine



FRANK A. PERRY, JR., M.D.
Internal Medicine



Call 615.341.4488 to make your appointment.

Nashville Healthcare Center



1810 Albion Street | Nashville, TN 37208 | 615.341.4488
Nashville Healthcare Center can be accessed from Albion Street by entering the double doors of The Meharry Clinic building.
Courtesy valet parking available.
Monday — Friday | 8:00 a.m. — 4:30 p.m.